Volume 1 | Issue 3 October

Important Dates

School Board Meeting – 10.01
Pre-ACT Testing – 10.02
Fall Break – 10.08 - 10.09
Professional Development – 10.09
School Day Pictures (makeup) – 10.15
Coronation – 10.11
Homecoming Parade - 10.12
Chick-fil-A Spirit Night – 10.15
Reading Fair – 10.25
Halloween - 10.31

October Football Games

<u>Football – District</u>

St. Andrews (Away) – 10.05 Crystal Springs (Homecoming)– 10.12 McLaurin (Away) – 10.19 Raleigh (Home) – 10.26



The Velma Jackson High School Chronicle



Halloween is a holiday where kids dress up in their favorite costumes to go trick-or-treating. Long ago, during ancient times, the people of Celtic descent would light bonfires and wear costumes to ward off roaming ghosts during their annual Celtic festivities. Halloween began in the United States in the 1900s. During this time, middle aged people, children, and poor adults would dress up in costumes and go door to door on Halloween begging for food and money in exchange for songs and prayers. Also, Halloween is known as a popular tradition celebrated in the United States by wearing a costume and eating lots of candy. This festive holiday is recognized on October 31st every year.

~LaKendria Luckett, Senior



Please support VJHS Chick-fil-A Spirit Night at the Madison, Mississippi olocation on October 15, 2018. Thank you!



A Personal Experience

The month of October is known as Breast Cancer Awareness month, and I had the honor to interview my mother, Jo Jones, on her experience with breast cancer.

Kenya: Do you remember when you were diagnosed? If so, how did you feel?

Mrs. Jones: "Yes, I was diagnosed in April of 2004. I was scared and afraid - not so much for myself, but more so for my kids - my youngest was only two years old. I thought,\"what if I lost the battle?" I wondered if she would remember me. I was afraid of not being there for my kids."

Kenya: What was your family's reaction when they heard the unfortunate news?

Mrs. Jones: "At the time, I only told my mother. She was more afraid than I was. We talked about it and made plans for the worst, while praying and hoping for the best."

Kenya: Did you begin to see major effects? If so, did you have to go through any procedures?

Mrs. Jones: "Yes, I had to endure 37 weeks of chemotherapy and radiation."

Kenya: Besides the physical effects, how did being diagnosed with breast cancer impact you emotionally and mentally?

Mrs. Jones: "Emotionally, you would have never known I had breast cancer, because I have always been uplifting. Also, I had to be strong for my kids. Mentally, I was fighting my own battle. I would cry in the middle of the night some nights, but I always looked forward to seeing my kids off to school the next morning."

~ Kenya Sanders, Junior



What is Breast Cancer Awareness?

Breast Cancer is the second most common kind of cancer in women. According to research, about 1 in 8 women born in the United States of America will get breast cancer at some point. The good news is that many women can survive breast cancer if it is found and treated early. A mammogram – the screening test for breast cancer – can help find the cancer early. October is recognized as National Breast Cancer Awareness Month, and it is an opportunity to raise awareness about the importance of early detection. Make a difference! Spread the word about mammograms and encourage communities, organizations, families, and individuals to get involved. Please support National Breast Cancer Awareness Month at Velma Jackson High School and wear PINK during the month of October.

~Jaleese Washington, Sophomore

"You gain strength, courage, and confidence by every experience in which you really stop to look fear in the face."

~Eleanor Roosevelt

Coach Euell, Head Football Coach

How you feel about going into the district games?

Euell: I feel confident. In an effort to fulfill several goals that has been set for our team, this team has worked extremely hard.

How do you feel about the game against Magee?

Euell: Magee is a very strong team in our district. They played extremely hard and came ready to play. This was a very big win for our team to start district play. If we are going to fulfill our goals of becoming District Champs, on to South State Champs, and eventually State Champs; our team has to stay focused. I was very proud of the fact that our team fought through adversity throughout the entire game. Also, I'm hopeful that our win on last Friday will inspire us to work harder at achieving our goals.

Do you think the seniors showed championship capabilities?

Euell: I was very proud of our seniors and their leadership during the Magee game. They lead our team through some tough moments of the game. Our senior leadership will be a key factor if we are to accomplish our team goals this year. Yes, I do believe that this team has the potential to accomplish every goal that our team has set for this season. It begins with our seniors, but if we are to became State Champs, we will need to continue to grow together as a team!

~ Fall Break~

It's a New season. A Perfect opportunity to do something bold something beautiful.





October Birthdays

Raniyiah Miggins— 1st
Christina Ramirez— 2nd
Fred Pierce— 4th
Debranna Taylor— 6th
Fredicca Pierce— 10th
RD Wilson— 11th
Angel Wilder— 11th
Malik Washington— 13th
Aundra Smith— 14th
Abriam Rankin— 17th
Victoria Kiner— 17th
Tyun Burks— 26th
Dariah Kennedy— 27th
Tamia Brewster— 30th
Albert Day— 30th